# Information about MTB on 6<sup>th</sup> European Deaf Cycling Championship from Organising Committee

## 1) MTB rules

As the EDSO hasn't got its own rules on MTB and as some people have doubts about the relay races, we can follow the Deaf MTB Cup rules. The XCR races take place on a track (70% off road) from 2 to 3 km long. Each team has 3 competitors and each of them has to cover at least 6 km.

#### 2) Category/class

As there won't be many competitors... this championship should be "open"!!!

### 3) Minimum age

We think that the EDSO should fix the same minimum age for Road races and MTB races. In our opinion, the competitors could be at least 16 or 18 years old.

#### 4) Road race

I think that the race course is quite difficult but also a bit short. To solve the problem we can add one or two more laps.

Warm Regards,

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