

MOUNTAIN BIKE RULES

EUROPEAN EDSO CHAMPIONSHIP

RACE CLASSIFICATION

The races admitted to the EDSO European Mountain Bike Championship are:

XCO cross country
XCR relay race

RACE DESCRIPTION

Cross country races (XCO) take place on a mixed track – at least 70% off road (dirt road, meadows or paths) – between 5 km and 7 km long. The track needs to be repeated several times, for a total length of minimum 30 kms for men and 20 kms for women. In case of weather conditions that could put at risk the athletes' safety the track length can be reduced if the technical coordinator so decides.

In every race the winner is the first racer that completes the track.

Relay races (XCR) take place on a mixed track - at least 70% off road (dirt road, meadows or paths) – between 2 km and 3 km long. Each team has 3 competitors and each of them has to cover at least 6 km.

PARTICIPATION

Participation to the races is open to all deaf EU citizens who are members of the competent National sport Federation.

ADMITTED CATEGORIES

MEN open (minimum age 16 years)
WOMEN open (minimum age 16 years)

MERIT GRID

In case of races with more than 50 participants, the Deaf MTB Cup Officials will be in charge of setting up the merit grids according to the following criteria:

- women category
- 3 athletes for each nationality
- participants age (starting from the youngest)

TECHNICAL CLOTHING RULES

Every participant must wear the colours of the state he/she represents.

The use of a sanctioned helmet is compulsory both during the race and in the reconnaissance lap. The use of hearing aid of any kind is forbidden during the races.

TECHNICAL ASSISTANCE DURING THE RACE

Changing bike during the race is forbidden. The racer will have to cross the finish line with the same bike and the same number assigned at the start.

The authorised technical assistance during the race consists of repairing or substituting all bike parts excluded the bike frame. This is only possible in the area designated by the organiser for that purpose. Outside that area every racer will have to personally carry out the reparations, eventually with the help of a team-mate.

Awards

The first 3 racers in order of arrival will be awarded the EDSO medals. The winner will wear the European Championship Jersey.

The technical rules of the Deaf MTB CUP, of the FSSI, of the FCI off-road sector and of UCI fully apply to any other matter not dealt with above.